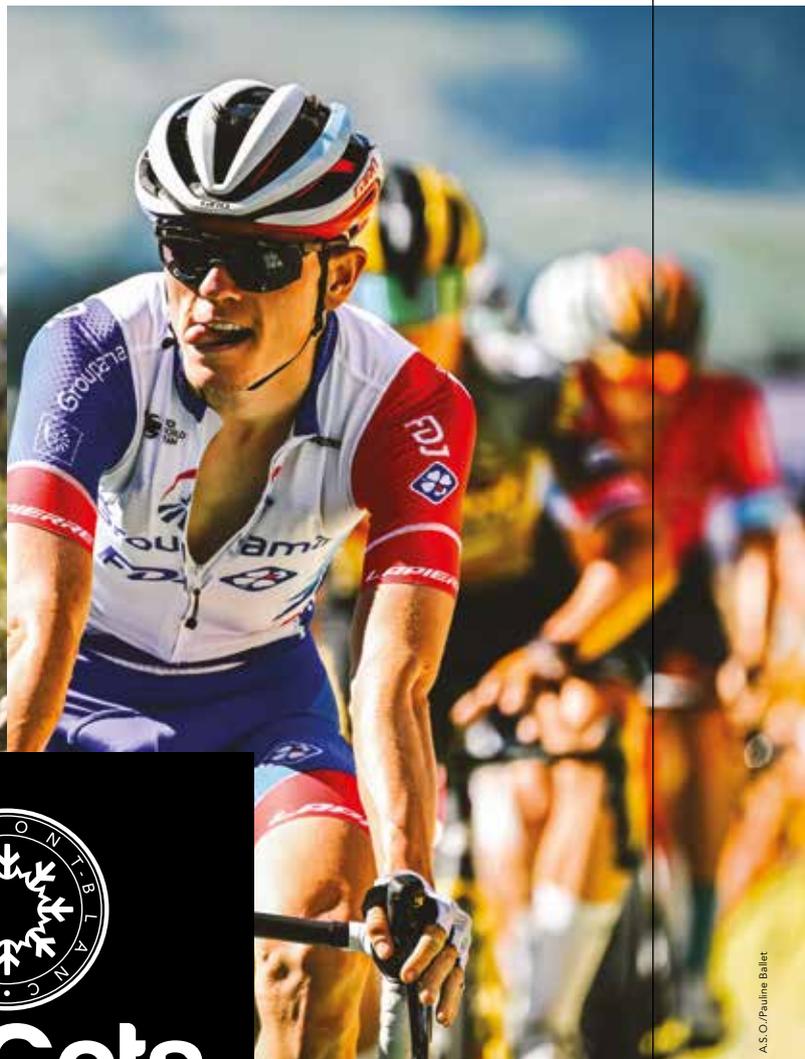


# PRESS PACK

#  
MADE IN LES GETS



SUMMER 2023



**Les Gets**  
Portes du Soleil

A.S.O./Pauline Ballet

WWW.LESGETS.COM

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# WHAT'S NEW THIS SUMMER IN LES GETS?



*Discover the valuable services provided to nature by peat bogs in the face of climate change...*

## BAREFOOT WALK THROUGH THE PEAT BOGS OF THE CHABLAIS UNESCO GLOBAL GEOPARK

André, one of the Chablais UNESCO Geopark supervisors, organizes “weightless” walks through water-saturated land where you can feel the mass of energy accumulated since the last ice age beneath your feet. Les Gets is teeming with these little-known, multi-faceted wetland areas and sensitive peat bog ecosystems; visitors can observe this natural environment close up, by walking barefoot, or exploring with their fingertips, and discover for themselves the valuable role played by peat bogs in the light of global warming. This discovery trail is a sensory experience which helps us better appreciate our geological heritage and this incredibly rich biodiversity. These excursions are organized as part of the summer events programme.

**André Génin:** [andre@vecteurmontagne.com](mailto:andre@vecteurmontagne.com)



*Oxalis is a herb with a pretty shape resembling a heart, a clover. It's the favourite herb of Damien Duron, chef of the restaurant by the same name.*

## AWAKEN YOUR TASTEBUDS WITH OXALIS

Oxalis is an attractive herb whose clover-shaped leaves resemble a heart. Oxalis is Damien Duron's favourite herb and the name of the restaurant where he works as head chef; every day in the summer, he goes to the top of the village, the forested slopes of Chavannes or Mont Chery to pick the herb. This young, talented Aubergnat native, who dreams of Michelin stars, trained in renowned establishments such as Hameau Albert 1er in Chamonix where he gained the experience he needed to lead his own team. Which is how he came to take over the restaurant of the family hotel run by his wife, Adelphine, a Les Gets local; the establishment has been in the family for 3 generations and Adelphine is keen for this tradition to continue.

The restaurant, which has been renamed Oxalis, is open to non-resident guests who can enjoy elegant, tasty cuisine with gourmet dishes that showcase local products such as Savoie trout, a rack of Rhône Alpes veal, fera, a salmon type fish from Lake Geneva etc. not to mention a dessert trolley that includes some of the great classics of French patisserie.

**Hotelalpina.fr**

## WELL-BEING AND BAR-LOUNGE AT NICO BEACH

This new concept, located within Le Labrador 1971\*\*\*\* hotel, promises to be a chic, relaxed space, spanning some 1000 m<sup>2</sup>, combining a well-being area and a bar-lounge. Guests can enjoy a fun, relaxing time and a range of sensory experiences all under one roof: indoor and outdoor pools with connecting swim corridor, sauna, steam room, jacuzzi, a lovers' bridge, solarium, botanical garden open in summer etc. A variety of hot and cold drinks, cocktails, champagne and a snack menu will be available every day from 12 noon to 9pm. Nico Beach will also be open to non-resident guests by appointment; however, the number of permitted guests will be restricted to preserve the tranquillity and magic of the place.

**Labrador-hotel.com**



## 4 SEASON TOBOGGAN RUN

For several years, the resort of Les Gets has been attempting to diversify its offer in order to provide a range of activities that will appeal to a broad cross-section of the public, all year round. Soon, there will be a toboggan run open all year, just like the Alta Lumina enchanted night walk. This large-scale project involves setting up an "alpine coaster" (toboggan run on tracks), at the entrance to the village, in Les Perrières, as well as the construction of a building for maintaining and storing 35 sledges. With a ride time of almost 6 minutes, a 714-metre descent and an elevation difference of 105 metres, this new attraction promises fun and relaxation for all ages. The project was originally scheduled for completion in December 2022. However, due to delays it will finally open in summer 2023.



## ARGENTINIAN EMPANADAS IN LES GETS

Katerina and Lucas have hospitality in their blood and there's nothing they like more than spending quality time with friends and chatting around a BBQ, enjoying empanadas and a delicious glass of Argentinian wine! Originally from Argentina, this couple have lived a colourful life, travelling all over the globe. And wherever they go, these globe trotters take with them their original empanadas recipes, handed down from generation to generation. They were keen to introduce their favourite childhood food to



*Handmade empanadas based on Argentinian recipes adapted with local products.*

a wider audience so once settled in the mountains, they opened their own restaurant called "El Chalten" (named after a region of Argentina). They serve home-made empanadas, based on traditional Argentinian recipes with a twist, made from regional products, respecting seasonality of produce.

This new restaurant will appeal to a range of curious customers, keen to experience a flavour of the magnificent mountains of Patagonia that are so dear to Katerina and Lucas.

**El Chalten Les Gets:**  
**250 Route du Front de Neige**  
**Tel +33 (0)6 20 08 06 28**



# MTB, LES GETS' MOST POPULAR ACTIVITY

## **Bike Park opening dates for 2023**

Chavannes Express and Nauchets Express chairlifts: 26<sup>th</sup> to 29<sup>th</sup> May (Whitsun), 2<sup>nd</sup> to 4<sup>th</sup> June and 9<sup>th</sup> to 11<sup>th</sup> June. All ski lifts will be continuously open from 16<sup>th</sup> June to 17<sup>th</sup> September.

LES GETS IS FAMOUS THROUGHOUT EUROPE AS AN EXCEPTIONAL MTB DESTINATION. LES GETS HAS BEEN HOSTING MAJOR INTERNATIONAL COMPETITIONS FOR MORE THAN 30 YEARS (WORLD CUPS, WORLD CHAMPIONSHIPS) AND ITS BIKE PARK WELCOMES RIDERS OF ALL LEVELS FROM ALL DISCIPLINES (DOWNHILL, CROSS-COUNTRY, E-BIKE, FREESTYLE, FREERIDE, ENDURO ETC). THIS EXCEPTIONAL OUTDOOR PLAYGROUND, IN THE HEART OF THE PORTES DU SOLEIL RESORT, FEATURES A RANGE OF LEARNING AND RECREATIONAL ZONES AND 128 KM OF SIGNPOSTED TRAILS THROUGH FORESTS AND MOUNTAIN PASTURES, MAKING IT THE PERFECT DESTINATION FOR EXPERTS AND NOVICES ALIKE.

**MTB, CYCLING AND ELECTRIC BIKE INFORMATION: [LESGETS.BIKE](https://www.lesgets.ch/lesgets/bike)**

## DETAILS OF THE BIKE PARK

- **128 km** of signposted trails.
- **13** downhill trails (DHI).
- **1** Freeride track.
- **6** enduro/long-distance trails.
- **5** electric MTB tracks.
- **2** electric bike charging stations.
- **1 80km** Portes du Soleil Enduro tour.
- **1 3ha** Jump Park with bridges, jumps, forest passages, wooden units.
- **1** mini Jump Park.
- **1** 4-Cross track.
- **2** Pump Tracks.
- **1** Kid Zone.
- **1** 'Coaching Track' trail.
- **3** lifts specifically for mountain bikes, including the Chavannes Express and Nauchets Express chairlifts equipped with a double or triple rack which can accommodate several bikes per seat (22 lifts throughout the Portes du Soleil area).
- **9** bike-patrols to ensure the security and maintenance of the tracks.
- **2** MTB schools and around 15 mountain bike instructors (MCF- Moniteur Cycliste Français and freelance).
- **11** specialised stores for bike hire or repairs.
- **35** staff members who take turns at the welcome desk, on the ski lifts and at the cash desk.
- **2** free bike-wash bays.
- Repair and maintenance points (available free of charge at the chairlifts).
- Les Gets Tourisme and other 'Accueil Vélo' accredited service providers (guaranteeing a warm welcome for all cyclists: mountain bikes, e-bikes etc.)

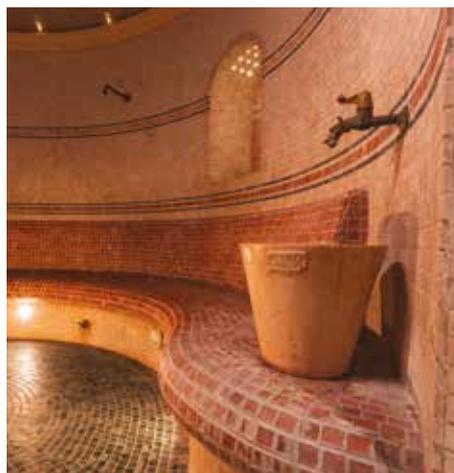


*European leader in mountain biking, the resort welcomes riders of all levels and in all disciplines to its Bikepark...*



# LES GETS ALSO MEANS...

- Well-being and relaxing spa experiences: Sources du Chéry, Séréni Cimes, Sapana Spa Kinabalu.
- There are a range of sporting and outdoor activities to further elevate your summer holiday in the mountains: 18-hole golf course, paragliding, yoga, trail running and hiking.
- The Portes du Soleil Multi Pass provides access to a range of activities, at discounted prices, throughout the Franco-Swiss resort for just €2.50/person/day.





# GREEN ATTITUDE

BOTH A WINTER AND SUMMER RESORT, LES GETS OFFERS FACILITIES AND SERVICES FOR TOURISTS. THERE'S AN IMPRESSIVE LIST OF ECO-RESPONSIBLE ACTIVITIES ON OFFER IN BOTH SUMMER AND WINTER, INCLUDING ENVIRONMENTALLY-FRIENDLY NATURE, SPORTS, AND CULTURAL ACTIVITIES.

FOR SEVERAL YEARS NOW, THE TOWN HAS ADOPTED ECO-FRIENDLY MEASURES IN ORDER TO REDUCE THE IMPACT OF LEISURE ACTIVITIES WITHIN THE REGION.



Here are some examples in terms of soft mobility, energy, nature, heritage...:

- Intra and inter-resort shuttles, mini-train, resort shuttles running on renewable fuel made from rapeseed (Oleo 100), transport on demand (night shuttle, etc.), trip planning with the Pysae app.
- Electric car and mountain bike charging stations in the village and in the ski area.
- 35 GetsLib' in summer, (self-service electric bikes).
- Beechwood ski pass.
- Smoke-free ski resort throughout the winter season with designated smoking areas and a public awareness campaign.
- Les Gets is now a cigarette-butt-free zone with retrieval and recycling of all cigarette ends.
- Electric snowmobiles for kids in winter and motocross activities in summer, electric MTBs available to rent from sports shops and specially designed MTB trails.
- "Accueil Vélo" (bike friendly) accreditation (Wibit water park and lakeside leisure area, Les Gets Tourisme, local businesses).
- Wood-fired boiler house heating 13 municipal buildings.
- Mountain clean-up day.
- Eco-friendly golf.
- Preservation of areas for the Black Grouse (gallinaceous bird and protected species).
- Classification of the Plateau de Loëx as a Natura 2000 site.
- The Chablais region is part of the UNESCO Global Geoparks network (protected geological site), educational circuit at the lac des Ecoles (Les Boittets peat bogs).
- Preservation of natural spaces and rehabilitation of peat bogs.
- Signatory of the "Objectif Zéro Pesticide" (pesticide-free) initiative, commune 3 Fleurs (awarded 3 flowers), rainwater harvesting from public buildings for communal watering.
- Signing of roadmap outlining joint eco-commitments by the operators of ski resorts, including la Sagets.
- Involved in the "Climsnow" study which helps assess the effects of climate change on ski resorts and predict snow conditions on the slopes.
- 'Père Delavay' botanical garden, labelled 'Collection agréée CCVS' (Conservatory of Specialised Plant Collections), open in the summer, a great place to discover little-known plants.
- Mechanical Music Museum, listed 100-year old Wooden Carousel and Aeolian organ, craft pottery workshops etc.
- Local agriculture, regional produce on farms, cheese dairy, direct sales, etc.
- Commitment to the Flocon Vert initiative to obtain the label in the future.
- Commitment to environmental associations (Snowcarbon, Mountain Riders, Tree6Clope) who work to promote eco-friendly transport and waste recycling.
- Creation of an official 'Les Gets' range featuring mainly eco-designed and 'Made In France' products and goodies.

You can find all the green campaigns, labels, environmental initiatives and more in the environment and eco-tourism section of the Lesgets.com website.

# LES GETS, LAND OF EVENTS

## FOCUS ON 3 MUST-SEE EVENTS THIS SUMMER



© A.S.O./Charly Lopez

### **INTERNATIONAL FORESTRY COMPETITION - 9<sup>TH</sup> TO 11<sup>TH</sup> JUNE**

This unique event, which involves a skidder competition, puts forestry firmly in the spotlight! Around fifteen skidders driven by experienced operators will compete on a technical course that reproduces the challenges that professionals face every day during their work extracting wood from forests.

At the same time, professionals and the general public will have the chance to find out about mechanized forestry and forestry maintenance during a forestry fair attended by around fifty manufacturers and distributors.

Also on the agenda will be breath-taking demonstrations and parades, guaranteed to delight the 35,000 or so visitors who have gathered from all over France and neighbouring countries to enjoy this unique, fun event!

[Lescognees.fr](http://Lescognees.fr)

### **LES GETS, START TOWN FOR TOUR DE FRANCE 2023 - 16<sup>TH</sup> JULY**

**Les Gets**, located between Lake Geneva and Mont Blanc, **will host the start of a stage of the Tour de France 2023 for the first time in its history.** Get ready for the ultimate cycling experience on Sunday 16<sup>th</sup> July, following the 15<sup>th</sup> stage of the Tour, which finishes in Saint Gervais.

Having hosted the Critérium du Dauphiné three times, the resort is now excitedly preparing for this iconic event and is planning a royal welcome for the big names in cycling and Tour enthusiasts.

The days leading up to the event will be devoted to cycling in all its forms, in collaboration with the neighbouring resort of Morzine which will host the "Annemasse/Morzine" Étape du Tour on the 9<sup>th</sup> of July and as well as hosting a Tour stage finish on the 15<sup>th</sup> of July. Events, fan zone and other surprises will take place throughout the week of the 10<sup>th</sup> to 16<sup>th</sup> of July.

© Barnek Wolinski / Red Bull Content Pool



*The resort is once again preparing to welcome the world's mountain bike elite for the World Cup.*

### **MTB (XCO & DHI) WORLD CUP - 7<sup>TH</sup> AND 10<sup>TH</sup> SEPTEMBER**

After the immense sporting success of the MTB World Championships last summer in Les Gets, the resort is preparing to welcome back the world's MTB elite for the World Cup's Cross-Country and Downhill events which will be held in Les Gets and the Portes du Soleil (Morzine and Châtel for the Marathon and Enduro the following weekend).

This event is particularly important for the Cross-Country participants who will be aiming to distinguish themselves in the run up to the Paris 2024 Olympic Games. For some years now, the French team has monopolized the Downhill event and will be keen to repeat the historic victories of the 2022 World Championships.



## **SUMMER PROGRAMME 2023**

- 2<sup>nd</sup>-4<sup>th</sup> June: Rendez-Vous aux Jardins
- 9<sup>th</sup>-11<sup>th</sup> June: French Forestry Competition
- 23<sup>rd</sup>-25<sup>th</sup> June: Pass'Portes du Soleil
- 1<sup>st</sup>-2<sup>nd</sup> July: The Haute-Savoie drum and brass band festival
- 9<sup>th</sup> July: Vintage Golf
- 15<sup>th</sup>-16<sup>th</sup> July: Le musée en fête
- 16<sup>th</sup> July: Start of the 15<sup>th</sup> stage of the Tour de France
- 17<sup>th</sup>-21<sup>st</sup> July: Festival of the 4 Elements
- 22<sup>nd</sup>-23<sup>th</sup> July: Les Gets Trail Run
- 23<sup>rd</sup> July: Pottery festival
- 31<sup>st</sup> July - 5<sup>th</sup> August: Lounge Music Festival
- 5<sup>th</sup>-6<sup>th</sup> August: Trial 4x4
- 11<sup>th</sup> August: Foodie Trail
- 12<sup>th</sup> August: Golf & Poker Masters
- 12<sup>th</sup>-13<sup>th</sup> August: DH Kids Cup (MTB)
- 2<sup>nd</sup>-3<sup>rd</sup> September: Alambike
- 7<sup>th</sup>-10<sup>th</sup> September: XCO & DHI MTB World Cup (7<sup>th</sup>-17<sup>th</sup> September in Les Portes du Soleil)
- 16<sup>th</sup>-17<sup>th</sup> September : European Heritage Days

**For further information about events, visit [Lesgets.com](http://Lesgets.com)**



## ONE WITH NATURE

### **FOREST BATHING WITH BARBARA**

Enjoy the healing power of trees and consciously connect with all the elements to help revitalize your mind and body...such is the experience offered by Barbara, a yoga teacher and expert in the "zen attitude."

During this healing forest experience, participants focus on different senses, sometimes in silence, to help them connect with nature and immerse themselves in their visual and acoustic surroundings. It's a great opportunity to reflect and forge physical and emotional connections with the different elements, as well as practise visualization techniques.

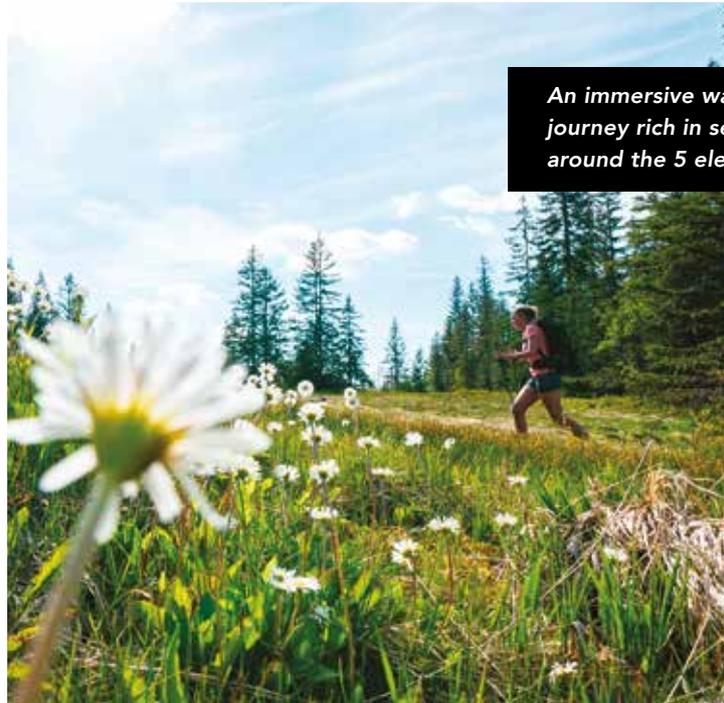
Numerous Japanese studies show the extraordinary benefits of forest bathing (or Shinrin Yoku in Japanese) for reducing stress and anxiety, and lowering cortisol (stress hormone levels), stimulating the immune system and for improving intuition, concentration and imagination.

**Keolan.com**

**5 ELEMENTS OF NATURE WALK**

Marion, who qualified as a yoga teacher in India in 2019, is passionate about the mountains and outdoors, and is keen to explore the link between the 5 senses and the 5 elements, namely: air, fire, earth, water and space. Participants are invited to disconnect from their everyday life through an immersive walk and themed workshops, helping them to better reconnect with their body, breath and natural surroundings. It's a rich, sensory experience where you'll learn breathing techniques, mindful barefoot walking in silence, how to create a nature mandala, self-massage, movement and the 5 elements of Ayurvedic yoga practice, sound meditation etc. Ages 12 and over.

**M Yog'Art - Marion Allain**  
 Tel +33 (0)6 71 49 71 23



*An immersive walk and a journey rich in sensations around the 5 elements.*



**BACK TO BASICS AND REDISCOVERING THE SECRETS OF MOTHER NATURE...**

Michel organizes walks in Les Gets, exploring the unspoilt mountain pastures and helping visitors reconnect with what matters... Namely, our connection with Mother Nature! During these walks, visitors will be taught how to recognize medicinal and edible wild plants, learn about respecting the natural environment and "mindful" picking. The plants are then made into modern-day versions of traditional popular remedies and natural, age-old medicines. Wild thyme or elderberry jelly, fir tree syrup, gentian or blueberry liqueur, cold gentian or nettle infusion, and traditional ointments made from oils infused with mountain herbs (arnica, plaintain weed, alchemilla and meadowsweet).

Some workshops are organized as part of the summer events programme.

**BAREFOOT WALK THROUGH THE PEAT BOGS OF THE CHABLAIS UNESCO GLOBAL GEOPARK**

See page 3 "What's the latest this summer in Les Gets?"

## A FOCUS ON HERITAGE

### PRICELESS CULTURAL HERITAGE

In the age of modern technology, hole punched music is fighting back! Les Gets is home to the Musée de la Musique Mécanique, the only one of its kind in Europe. The collection of 900 objects, some of which date back to the 17<sup>th</sup> century, are all still in working order. The prestigious collection includes:

- The Aeolian Organ, listed as a Historic Monument, located in Les Gets church, which works in automatic or manual mode.
- Automaton by the famous perfume company, Roger & Gallet.
- The mechanical carillon used at the 150<sup>th</sup> anniversary of the annexation of Savoie to France.
- One of the oldest merry-go-rounds with a Limonaire organ dating back to 1871 in the village centre. This unique object has just been declared an Historic Monument!

The theme for this year's "Le Musée en fête" summer festival, to be held on the 15<sup>th</sup> and 16<sup>th</sup> of July 2023, will be "the crank." This event, which focuses on barrel organs also includes bikes which are similarly operated by a crank. It's a very apposite link given that Les Gets will be hosting the start of the Tour de France stage on Sunday 16<sup>th</sup> of July.

**Musicmecalesgets.org**



*A unique place in Europe to go back in time.*



### THE HISTORY OF THE RESORT RETOLD BY LULU

Lucie Bartholomé, affectionately called "Lulu" is training to be a Savoie Mont Blanc Heritage Guide and has a real passion for stories from days gone by. Her aim, through guided tours, treasure hunts and creative workshops, is to connect visitors with the past so they can discover the village from a new perspective. Amongst the visits is a guided tour of the old village, available during the summer, as part of the Les Gets Tourisme programme of events. This visit, called "The secrets of the old village" takes place in the heart of the in the heart of the heritage village. She retraces the habits and customs of the time and recounts the history of Les Gets since the Middle Ages. Old photos are exhibited throughout the visit to help recreate the scene for visitors. In addition to the focus on the church and its remarkable artwork, you will also learn about the village legends ...relayed by an enthusiastic, spirited young woman!

**Sign up at the Tourist Office.**



**HANDCRAFTED POTTERY IN LES GETS:  
KILNS AND SHEEP**

Sisters Anouk and Nathalie Bonhomme have carved out a pleasant life for themselves at the top of Route de Lassarre. Nearly 15 years ago Anouk, part-time shepherdess/potter and Nathalie, part-time graphic designer/potter, set up the Poterie artisanale des Gets and the success of their delicate, decorative white ceramic pieces continues unabated. These two creative, enthusiastic “power sisters” have just one mission: to convey the mountain values of their childhood.

In the adjoining sheep barn, Anouk raises sheep and lambs. In summer, they are joined by boarding heifers who help maintain Les Gets’ ski slopes and alpine pastures. Les Poterie des Gets is an attractive site and during the course of a single trip, visitors can get to observe animals, take part in a pottery workshop or browse around the shop, looking for a present for themselves or the ideal gift. At the same time, they can also check out Nathalie’s water colour illustrations. La Poterie des Gets is also included on the Route Terroir et Savoir-Faire du Haut Chablais (local producers and artisans) trail.

**Poterie-des-gets.fr**

**THROUGH THE EYES  
OF A CHILD...**

If you want proof of a fun-filled family holiday, often you just need to look at children! Their enthusiastic smiles and amazed looks clearly demonstrate that, when it comes to fun leisure activities, the mountainous region of Les Gets is a smart choice. Amongst the activities on offer: the Lac des Écoles leisure area with swimming, a Wibit Park, Splashpad, trampolines, multi-sports pitches and other fitness facilities, an introduction to electric motocross on a well-secured track, suitable for ages 6 and above, and “cani-cross” hiking excursions with Nordic dogs, for children and parents.

**You can find more information, top tips and practical guidance on the website [Lesgets.com](http://Lesgets.com)**



*A summer holiday that is 100% fun for the family is often validated by the children themselves!*

## OUT-OF-THE-ORDINARY

*For those who love  
adventure, unusual places,  
new experiences...*



### **UNIQUE ACCOMMODATION WITH A VIEW OF MONT BLANC**

For those who enjoy adventure, unique places and unusual experiences, La Sarre in the hills above Les Gets is a must-visit corner of Eden. It's home to some rather unique accommodation - perfect for visitors looking for quiet, unspoilt surroundings.

The thing that makes it really special? The view of the stars and Mont Blanc!

On one side, you have the "Chéry Dôme" with its comfortably equipped geodesic domes, in the middle of a rural playground with a sunken trampoline, jacuzzi and firepit. Gather around the stove for a delicious evening meal made from local produce and home-grown vegetables.

On the other side is a typical Mongolian-style yurt where you can stay one or more nights; it features a cosy interior, eco-friendly design and glass dome through which you can see the starlit sky, far from the light pollution of the village. Packed lunches are also available.

**Cherydome.com**

**Linstant-yourte-les-gets.eatbu.com**

### **ALTA LUMINA, AN IMMERSIVE SOUND AND LIGHT EXPERIENCE**

Alta Lumina is an exceptional experience that introduces visitors to an extraordinary imaginary world. Follow a magical, night-time trail through Les Gets' forest and enjoy a unique immersive adventure. As night falls in the countryside, you'll follow a trail illuminated with a series of images, narrating a story intimately linked to the history of the region; it's a poetic account that uses light, image, set design and interactive devices. This year-round activity, based on a unique concept originating in Canada, is a must for any traveller visiting the region.

**Altalumina.com**



# KEY STATISTICS

- **1254** permanent residents
- **60** restaurants, bars, pubs, bowling alley, disco, cinema, library
- **An abundance** of commerce with 100 or so shops
- **4** Health and Beauty centres (spas, institutes), 2 fitness rooms
- **18 641** beds
- **3** hotels \*\*\*\* / **4** hotels \*\*\* / **1** hotel\*\* / **5** non-classified hotels
- **5** holiday residences
- **2** guest houses
- Group accommodation, rental apartments, studios and chalets
- 18-hole golf course
- Leisure area with lake, Wibit Park and aquatic games' area
- Mechanical Music Museum and wooden Merry-go-round from 1871 and an Aeolian organ, listed as historic monuments
- Alta Lumina enchanted night walk
- 4 season toboggan run





# Les Gets

Portes du *Soleil*

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#madeinlesgets

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Press website access for Press-Pack PDF downloads and photo gallery:

[www.lesgets.com/presse](http://www.lesgets.com/presse).



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